

THE BYSTANDER BULLETIN

Issue 20: Winter 2025

**GREEN
DOT**
greater grand forks

POWERED BY
Gate City Bank
For a Better Way of Life.®

A GREAT 2025 WITH GREEN DOT!

Green Dot is starting the new year with some excitement as 12 Days of Green Dot is taking place through January on our social media pages.

We are eager to do more trainings and overviews this year as we work to build a safer community in the greater Grand Forks area.

We will also be welcoming a new Green Dot Co-Coordinator very soon and we cannot wait to see what they bring to the Green Dot team. Follow along for updates on the last few months and to see what we have coming up in the future!

**Get Informed:
Power-Based
Personal Violence**

[CVIC](#)

[National Sexual
Violence Resource
Center](#)

[National Resource
Center on Domestic
Violence](#)

[National Domestic
Violence Hotline](#)

[Centers for Disease
Control and
Prevention](#)

**What's your
Green Dot?**

Click here to submit a proactive Green Dot!

FUTURE BYSTANDER TRAINING INQUIRIES

Green Dot GGF offers a FREE in-depth Green Dot Bystander Training that explores barriers, methods for intervention, and proactive steps to reduce the chance of interpersonal violence in the community.

The training lasts approximately 3 hours and features a number of interactive activities and discussions on how to be effective bystanders.

Consider bringing us in for a future staff training day!

**CLICK HERE TO
FILL OUT OUR
INTEREST FORM!**

Join Us!

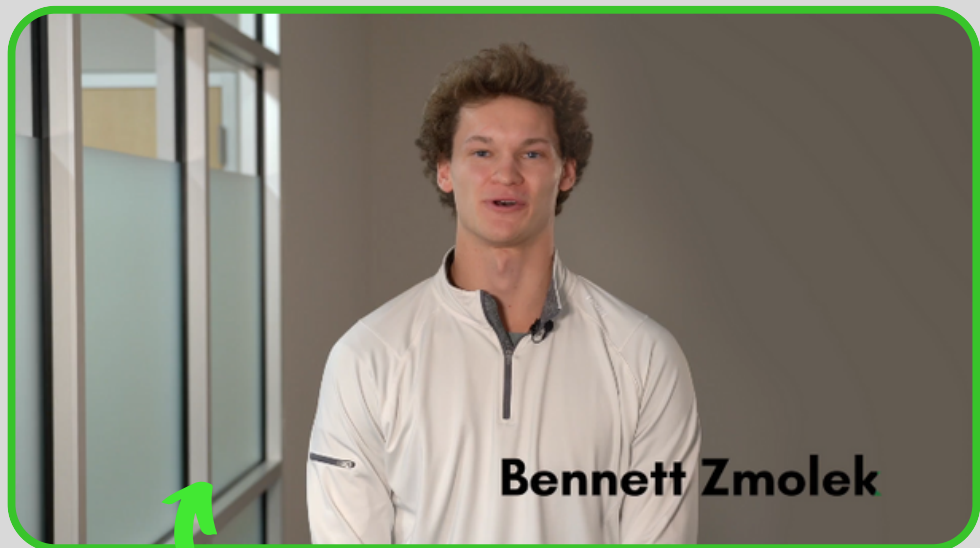
The Stakeholder Group is a group of community members committed to actively spreading green dots in the community and participating in events and activities that contribute to the goal of ending power-based personal violence in Greater Grand Forks.

visit www.greendotggf.com/core-team
for more information!

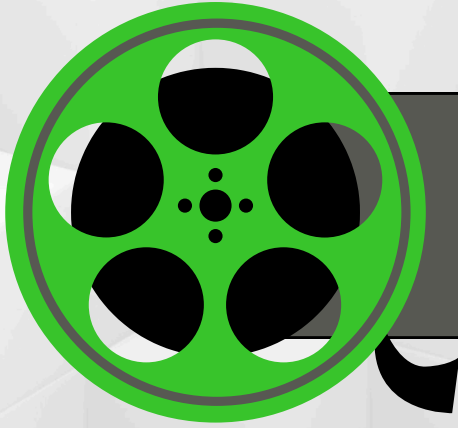
GREEN DOT @ THE RALPH

The Green Dot @ The Ralph event was a collaboration between the Green Dot Greater Grand Forks program, Gate City Bank, and the Ralph Engelstad Arena to share bystander intervention strategies with attendees of the UND Hockey Game on December 14th against St. Cloud State University.

Our event included 2 tables in the main concourse of the arena, where we handed out Green Dot info cards, stickers, and pens to anyone that stopped by our table. Our tables also included a giveaway for a \$50 Sioux Shop Gift Card, donated to us by Gate City Bank, which had over 140 entries! The highlight of our event this year was a 30-second video featuring UND Hockey player Bennett Zmolek sharing information about our Green Dot program on the videoboard in the main arena that played on Friday and Saturday night.



[Click Here to see the video!](#)



Check out our Green Dot Promotional Video for a reminder of what Green Dot is all about!

<https://www.greendotggf.com/what-we-do>

THE DOT DOCKET

12 Days of Green Dot

Jan.

Stalking Awareness Month

Jan.

Teen Dating Violence Awareness Month

Feb.

Green Dot Community Overview

TBD



Interested in scheduling a training?

Email Caleb at calebe@cviconline.org for more information!

FOLLOW US @GREENDOTGGF

